

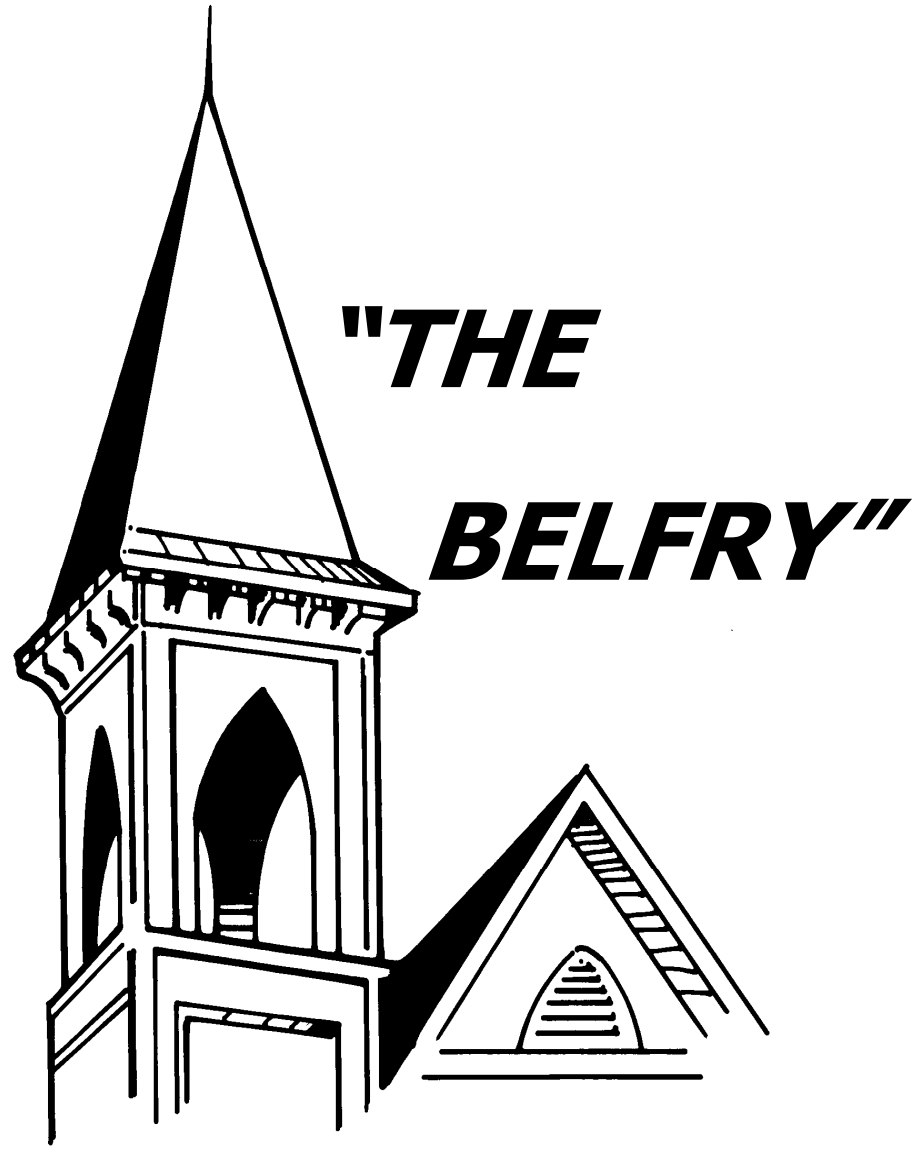
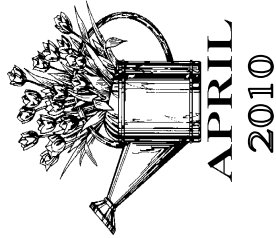
Huntington Congregational Church  
United Church of Christ  
19 Church Street  
Shelton, CT 06484-5802

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HUNTINGTON CONGREGATIONAL CHURCH

19 Church Street

Shelton, Connecticut 06484

Phone - (203) 929-1223

Fax - (203) 944-9448

Website: [www.huntingtonucc.org](http://www.huntingtonucc.org)

E-mail: [hcc@snet.net](mailto:hcc@snet.net)

*The Rev. Lucille L. Fritz, Minister  
Bruce E. Hartel, Organist/Choir Director  
Kirsten E. Keith, Christian Ed Associate  
Karen S. Boroski, Editor/Office Manager*

Prayer List

*Office Hours*  
 Monday-Thursday  
 8 am – 3 pm  
 Friday  
 8 am – 12:30 pm

**Minister**  
**Rev. Lucille L. Fritz**  
*C. E. Associate*  
 Kirsten E. Keith

*Organist/Choir Director*  
 Bruce E. Hartel

*Office Manager*  
 Karen S. Boroski

*Moderator*  
 Sheri Hatfield

*Deacon Co-Chairs*  
 Ray Oppel/Kim Adler

*Business Chair*  
 Rob Reeves

*Sunday School*  
*Co-Superintendents*  
 Mim Ferris/Christie Bailey

*Women's Fellowship*  
*President*  
 Linda Sember

*Sr. High Group Advisors*  
 Linda & Gordon Harris  
 Debbie & Bob Margolies

9:30 am  
*Sunday Worship/  
 Sunday School  
 & Child Care*

Grace MacDonald	Seth Dallaire
Vicky Schoennagel	Andy Mahard
Barbara Supernaw	Shirley Brisch
Scarlett Taylor	Betty Ann Cea
Peggy Drotos	Gary
Harry Minot	Margaret
Jean Dalaker	Joe Caputo
Sal Tuttlolmundo	Karen Coté
Steven Supernaw	Doris Roscoe
Bob & Ruth Johnston	Al Waters
Grant Petrosky	Ralph Gainer
Fred BelBuono	Jack Alessi
Tom Eucalitto	Tim Leonard
Herb Sullivan	Doug Henry
Glenda & Harry Sterling	
Dorothy Wilson	Debra
Rose Carcova	George Sheftic
Eugene Martin	Edward Carbo
Robert Nicodemus	Jacque Mari
John Corsano	Tom Marrison
George Higgins	Ann Verrilli
Kaden Mills	Mary Glynn
Kate D'Alessio	



*Birthday Greetings to the following who will celebrate during the month of April:*

- 1 Chris Hansen, Lydia Hoyt, Bill Thresher, Pat Wells
- 3 Amanda St. George
- 4 Stacy Boroski
- 5 Jeffrey Stone
- 8 Sarah Passaro
- 9 Jessica Boland
- 13 Benjamin Melsenti, Luke Melsenti
- 14 Ariel Toth, Eric Chase, Josh Glenn
- 15 Hillie Olofson
- 16 Amy Wells, Jessyca Kneen
- 17 Vickie Schoennagel
- 20 Rod Kneen, Sr., Brian St. George
- 21 Jim Bacchiocchi
- 24 Michael Nichols
- 26 Conner Pfalzgraf
- 27 Lisa Parrelli, Glenn Heyse, Chelsea Ibsen
- 28 Jamie Nichols, James Liddel
- 29 Lynda Heiden, Karin Hongo, Bob Liddel,  
Randy Boland, Richard Taylor
- 30 Mike Keirstead, Brian Ferris

*Congratulations to the following couples who will celebrate wedding anniversaries in April:*

- 6 Barbara & Ed Grisgraber
- 12 Elizabeth Holcomb & John Krystopowicz
- 13 Evelyn & Rich Steinis
- 24 Lois & Bob Nagy



## THANK YOU

A word of thanks to our faithful Belfry workers. Those who put together our March issue were:

**Fran DeLand, Joe & Joan Bloemen, Tom Nickse.** Thank you to all for your time.

If you can spare an hour or so, come and join our loyal workers in the library.

**The article deadline for the May issue will be  
Thursday, April 15<sup>th</sup>.**

The Belfry mailing will be 9 a.m. Thursday, April 22<sup>nd</sup>.



## ATTENTION

We are offering an opportunity for all to help with the mailing of our newsletter, *The Belfry*. If you would like to contribute to the postage on any given month, a dedication of your choice will be printed in *The Belfry*. The cost per month is approximately \$30. - \$35. dollars. You may contribute all or a portion of that fee.

Please notify Karen in the church office (203.929.1223) if you are interested.

Thank you,  
The Business Committee

~ ~ ~ ~ ~



*Our Condolences to ...*

*...the family of Lillian Zelanin, Wendy's  
mother-in-law, who entered into rest on  
March 22, 2010.*

*Our thoughts and prayers are with the families during this time of  
bereavement.*

## CHURCH COUNCIL HIGHLIGHTS MARCH 2010

**Deacons:** Easter planning finalized. 3 services and communion will be served at the 9:00 & 11:00. Diaconate Handbook online and in the last stages of editing.

**Christian Education:** Lenten Workshop, open to whole congregation, was not as well attended as hoped. 3/17-Dinner & a Message. Child Care will be provided for both Easter services. VBS planning underway.

**Missions:** 3/21-OGHS. 4/9-Spooner House meal. 9/19-Executive Director of Bridgeport Rescue Mission to speak to congregation. May-Olive Odell Blanket Sunday.

**Business:** List of priorities being studied. New signage proceeding. All permits have been received. Excavation is being donated. Security device for Nursery School installed designated from memorial fund of Peg Nickse by her husband H.Tom.

**Stewardship:** Letters sent out asking members to contribute the cost of their UCC membership.

**Woman's Fellowship:** Corned Beef dinner a success - 104 dinners served. 4/24-Vendor Fair. 4/24-Shirley Bleston & Gertrude Wilson will be honored at State Women's Fellowship Meeting. 5/12-Spring Meeting. \$100 donated to SHYG Boston trip.

**Treasurer's Report:** Raised the Church's insurance deductible and saved money on cost of policy.

**Nursery School:** Butter Braid fundraiser went well. Enrollment for 4 yr. olds looks good for fall. 3 yr. old class has also had many inquiries. To offer care for children during the last week of public school. Will result in additional income for School.

**Minister:** 4/18-Youth Group will deliver message. 5/9-Confirmands will deliver message. 5/28-Confirmation. 4/10-Gertrude Fair memorial service. Would like to purchase white robes for the confirmands, which can be reused. Joan Bloemen will sew stoles for each confirmands out of a fabric of their choice.

**Moderator:** Working on Goal Setting Retreat

Barbara Parrelli, Clerk

*From Our Minister...*

Dear Friends,

For this Easter time, I would like to share a quote and a prayer from "Listening at Golgotha" by Peter Storey:

*"Christ will never leave us or forsake us: Because death could not hold him, life can never exclude him now. Therefore a living Christ still confronts us with the words of the dying Jesus. When we make space for those words to speak into our souls, we are changed forever."*

*Holy Jesus, I hear God's might "Yes!"  
in your resurrection.*

*You invite me to live also, and I want to say "Yes!"  
to you.*

*Take me out of the tomb that imprisons me,  
lead me into the morning of new life, and with me wherever your  
love may lead.  
Amen.*

In this Easter time and always, may our hearts and souls say "Yes!" to God.

Peace,  
Rev. Lucille

~ ~ ~ ~ ~

**REV. LUCILLE'S PRAYER DAYS**

Rev. Lucille's prayer days will be Thursdays, April 15, May 13, and June 10. Please let her know if you have any joys or concerns you would like her to lift up.

**ADULT STUDY IN APRIL & MAY**

Adult Study Group will be held on Thursdays, April 22 & 29, and May 6, 20, & 27. We will be discussing the book "Wild at Heart: Discovering the Secret of a Man's Soul" by John Eldredge. Please get the book for the first meeting. The discussion is for both men and women, but is of special interest to men. If you need more info, contact Rev. Lucille.



Maundy Thursday  
April 1

Huntington Congregational Church  
7:00 p.m.

Good Friday  
April 2

St. Paul's Episcopal Church  
12 noon – 3 p.m.  
25 Church Street

Huntington Congregational Church  
Service @ 7 p.m.



**Sunrise Service – 6:30 a.m.**  
at Jones' Family Farm

(PLEASE NOTE TIME CHANGE)

*Those in attendance are asked to bring a small plate of goodies.*

**Easter Worship**  
HCC 9 a.m. & 11 a.m.



## April 2010: A New Building, A New Chapter

Written by Ken & Betty Frank  
April 1, 2010

*What you have learned and received and heard and seen in me, do; and the God of peace will be with you. Philippians 4:9*

Our historical secondary school in Izmir, Turkey began a new chapter in its long history. Founded by our missionary predecessors in 1878, the Izmir American Collegiate Institute has now opened a renovated building. In addition to the usual classrooms and school facilities, the new building has a girl's dormitory. Thirty girls now live on the top floor enjoying modern, spacious living quarters with a magnificent view of Izmir and its bay. What's more, these girls are from more distant parts of Turkey and this means greater diversity in the student body.

We, as members of a long line of Americans who were invited to work in the Izmir school, appreciate how it strongly observes its heritage. It is an institution where generations of Christians, Muslims, Jews -- Turkish and foreign -- have worked together for common ideals of citizenship, service, and learning. It's a legacy that the graduates are protecting and developing. And it's a legacy that all Americans who contributed to it can celebrate.

Peace,  
Betty & Ken Frank

*Ken & Betty Frank serve with the American Board in Istanbul, Turkey. They share the job of General Secretary of the American Board. They also serve on the board of the Istanbul Interparish Migrant Program (IIMP).*

### For More Information

Peter Makari  
Area Executive  
Middle East and Europe  
700 Prospect Ave.  
Cleveland, Ohio 44115

## ANGEL FOOD MINISTRIES

By buying food from first rate suppliers at substantial volume discounts, Angel Food Ministries is able to provide families with approximately \$65 worth of quality nutritious food for \$30. Angel Food Ministries does not use out-of-date food or inferior products.

### **ABOUT THE FOOD**

Each month's menu is different and consists of fresh, frozen and packaged food. Angel Food is purchased from the nation's top food suppliers. Providing quality, nutritious food at significant discounts on a regular basis is one practical way to give people a "hand up" during difficult times. The cost for a box of Angel Food is \$30. There is no purchase limit for boxes of Angel Food. There are no applications or qualifications necessary to purchase. Menu is available at the following link/call a number below. [www.angelfoodministries.com/menu.asp](http://www.angelfoodministries.com/menu.asp)

### **ABOUT THE VALUE**

Comparison shopping nationwide in various grocery stores has revealed that the average retail value for the same food items would be approximately \$65. Generally, one box of Angel Food assists in feeding a family of four for about one week or a single senior citizen for almost a month.

### **ABOUT SPECIALITY BOXES**

Each month, Angel Food Ministries also offers "specialty boxes" of steak, chicken, pork or other foods. This bonus program affords participants additional food choices at a great value. There is no purchase limit for specialty boxes or bonus foods. There are no applications or qualifications necessary to purchase.

### **PURCHASING ANGEL FOOD**

There are no restrictions, conditions or forms to fill out to purchase Angel Food. The food relief program is open to one and all. Anyone may purchase an unlimited number of boxes of Angel Food by placing an order with a local Angel Food host site.

The menu for Angel Food varies from month to month, and all orders through Angel Food are ordered and picked up at local Host Sites; churches, organizations, schools and outreaches throughout the United States.

Our Host Site is: First Congregational Church of Derby  
203-735-6570 or 203-641-9657



## WOMEN'S FELLOWSHIP NEWS

### CONGRATULATIONS

Woman of the Year, chosen by their peers in local churches are recognized at the annual meeting of the Connecticut Women of the United Church of Christ.

This year, Gertrude Wilson and Shirley Bleston were chosen by the Executive Board of the Women's Fellowship, H.C.C. to be so honored.

Both women have served on the board of the Southwest District, CW UCC, have been president of the local Women's Fellowship and served the Fellowship and church in other capacities.

The annual meeting will be held Saturday, April 24<sup>th</sup> at the Southbury Congregational Church. All interested women are invited to attend.

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### *"Bridging Faith and Works"*

**82<sup>nd</sup> Annual Meeting of the CT Women of the UCC**

**Saturday, April 24<sup>th</sup> - 9 am – 3 pm**

**United Church of Christ, Southbury, CT**

**Pre-register - \$15 by April 14<sup>th</sup>**

Guest speaker, Susan Campbell, reporter for Hartford Courant.

3 Workshops will be offered

- 1) Fitting Faith & Works into Your Everyday Life
- 2) Spooner House – only shelter in Lower Naugatuck Valley
- 3) Health Kits for CWS

For more information, see flyer on alcove bulletin board.

## CHURCH WORLD SERVICE

### "Gifts of the Heart"

Thanks to everyone who have so generously donated items for our "Gifts of the Heart" kits for CWS.

We are still in need of several items to complete the kits. If you haven't had a chance to help or would like to add to your donation, items listed below are needed to complete the kits.

#### School Kits:

- |                               |                             |
|-------------------------------|-----------------------------|
| ~ hand held pencil sharpeners | ~ blunt scissors            |
| ~ box of 24 crayons           | ~ 70 sheet spiral notebooks |
| ~ 12 inch ruler               |                             |

#### Health Kits:

- |  |               |
|--|---------------|
| ~ wide tooth combs (no rat-tail)       | ~ wash cloths |
| ~ bath size bar soap                   | ~ Hand towels |
| ~ gallon size zipper lock plastic bags |               |

#### Baby Kits:

~ monetary donations to help defray the cost of diapers - see Circle member at CWS table, or call Terri Johnston @ 203.929.7919.

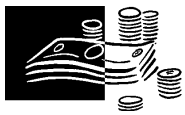
In the recent wake of the earthquake in Haiti, CWS has provided more than 31,000 hygiene kits, 5,400 baby kits and approximately 4,000 blankets.

CWS has extended a special appeal for hygiene and baby kits for our continuing support in Haiti and to restock their warehouse against a future disaster.

We will be packing kits thru our Women's Fellowship Circles in April and they will be delivered to the United Congregational Church in Bridgeport on Wednesday, April 21<sup>st</sup>.

Thank you all for caring and helping others in need. Donations can be left in the CWS box in the alcove.

Shirley Bleston, Material Aids Chairperson  
929-0350



## STEWARDSHIP REPORT

### February

Church Expenses \$20,950  
 Pledged Income \$14,866  
 Collected Income \$10,553

### YTD

Church Expenses \$43,897  
 Pledged Income \$33,449  
 Collected Income \$38,666\*

\* Note: YTD Collected Income includes \$13,036 in 2010 pledges prepaid in Dec. 2009.

Thank-you for your generous pledging and giving.

If you are not up to date with your pledge, please try to catch up as we may soon be falling behind with collected income.

Your timely giving is needed so the church can pay its expenses on time.

## BOWL-TO-BENEFIT UMBRELLA



A great big thank you to all who so generously supported our bowlers in the recent Bowl-to-Benefit.

The Umbrella was very pleased with the results of the Bowl to Benefit and they will be releasing the final results soon.



## LOOK AHEAD

**VBS is coming!** Mark your calendars for Monday, June 28<sup>th</sup> – Thursday, July 1<sup>st</sup> from 5:30-7:30 p.m.

Watch for more information in upcoming Belfrys & Sunday bulletins.

*From Our Parish Nurse...*

## COLON CANCER AWARENESS MONTH

Merely being 50 yrs. Or older puts every man and woman at average risk for developing colon cancer. You are at increased risk if you have a family history of benign colorectal polyps; colorectal cancer; ulcerative colitis or Crohn's disease; ovarian, uterine or breast cancer.

Screening saves lives. Get tested at age 50 if you're at average risk or at an earlier age if you are at increased risk. You should do one of the following:

- Have a fecal Hemoccult blood test yearly and a sigmoidoscopy every 5 years or
- Have a colonoscopy every 10 years or
- Have a colon x-ray every 5-10 years.

Increased Risk beginning at age 40 you should do the following:

- Have a total evaluation of the colon by colonoscopy or
- Have a contrast colon x-ray and a flexible sygmoidoscopy.

Colon cancer is a silent killer; very often with no symptoms.

However, when symptoms do occur they may include:

- Bleeding from rectum
- Blood in or on the stool
- Change in bowel pattern
- Stools narrower than usual
- Diarrhea, constipation or both
- Bloating, fullness or general stomach discomfort
- Frequent gas pains
- Constant fatigue.
- Weight loss for no apparent reason
- Vomiting

You can reduce your risk for colon cancer by:






- Consuming adequate dietary fiber
- Limit your consumption of fat
- Get plenty of exercise
- Do not use tobacco and limit alcohol intake
- Aspirin – 325 mg daily
- Tolic acid 400 mcg daily
- Vitamin E – 400 I.U. daily

Barbara Grisgraber, P.N.

# APRIL 2010

huntingtonuccblog@gmail.com, US Holidays

Apr 2010 (Eastern Time)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 9:30am - Worship/Sun 10:30am - Chowder 10:30am - Pancake 1pm - R.Hartel-FH	29 5:45pm - Zumba	30 9:30am - Circle III 3pm - J Chase- 7:15pm - Diaconate 7:30pm - Karate-FH 7:30pm - Stewardship	31 10am - Lenten Quiet 7pm - Choir Rehearsal 7:30pm - Troop 101	1 April Fool's Day 7pm - Tenebrae 8pm - Karate-FH 	2 OFFICE CLOSED 12pm - Service at St. 7pm - Service @ HCC 	3 10am - Troop 101 
4 Easter 6am - Sunrise Service 9am - Worship/Child 11am - Worship/Child 	5 OFFICE CLOSED 5:45pm - Zumba 7pm - CE meeting	6 OFFICE CLOSED 9:30am - Circle III 7:30pm - Karate-FH	7 OFFICE CLOSED 7pm - Choir Rehearsal 7:30pm - Troop 101	8 7:30pm - Karate-FH	9 Spooner House Meal- 4:30pm - Mission 7:30pm - Valley	10 11:30am - Reception
11 9:30am - Worship/Sun 10:30am - Confirmti 3pm - Boy Scouts -	12 5:45pm - Zumba	13 9:30am - Circle III 7pm - Council 7:30pm - Karate-FH	14 7pm - Choir Rehearsal 7:30pm - Troop 101	15 Belfry Article Deadline Lucille's Prayer Day Tax Day 7:30pm - Karate-FH	16 5pm - Den 5-FH 7:30pm - Shearin-FH	17 11am - Wedding -
18 9:30am - Worship	19 5pm - Den 5-FH 5:45pm - Zumba	20 9:30am - Circle III 7:30pm - Karate-FH 7:30pm - Stewardship	21 7pm - Choir Rehearsal 7:30pm - Troop 101 	22 Belfry Mailing Earth Day 7:30pm - Adult Study 7:30pm - Karate-FH	23 10am - Set-up	24 Vendor Fair - FH
25 9:30am - Worship/Sun 10:30am - Confirmti 11am - Sember-FH 3pm - Boy Scouts -	26 5:45pm - Zumba	27 9:30am - Circle III 7:15pm - Diaconate - 7:30pm - Karate-FH	28 7pm - Choir Rehearsal 7:30pm - Troop 101	29 7:30pm - Adult Study 7:30pm - Karate-FH	30 7pm - Den 5-FH	1 9am - J. Chase-FH

You may view the Belfry & Calendar on our website at [www.huntingtonucc.org](http://www.huntingtonucc.org)